

# ACTIVITIES *Regency* Westwood CALENDAR\* RETIREMENT RESORT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 2:30 Church Service 7:00 Sunday Movie	<b>2</b> 7:00 Exercise 9:00 Foot Care Spa 1:00 Needlers 7:00 Bridge 7:00 Yahtzee	<b>3</b> 8:30 Walking Shuttle 1:00 Mini Pedicures 1:00 Crib 7:00 Movie	<b>4</b> 7:00 Egg Breakfast 10:30 Hearing Tests 1:00 Monthly Casino Trip 3:45 Happy Hour 7:00 Canasta	<b>5</b> 9:00 Hair Salon Open 10:00 Ministrels 10:30 Hearing Clinic 1:00 Keep Fit to Music 7:30 Bingo	<b>6</b> 9:00 Hair Salon Open 9:00 Exercise 1:30 Yahtzee 3:45 Happy Hour 7:00 Whist	<b>7</b> 10:00 Rooftop Appies 2:00 Skip-Bo 7:30 Saturday Night Movie	
<b>8</b> 2:30 Church Service 7:00 Sunday Movie	<b>9</b> 7:00 Exercise 9:00 Foot Care Spa 1:00 Needlers 7:00 Bridge 7:00 Yahtzee	<b>10</b> 8:30 Walking Shuttle 1:00 Crib 7:00 Movie	<b>11</b> 7:00 Egg Breakfast 10:30 Hearing Tests 1:00 Koi Gardens Bus Trip 3:45 Happy Hour 7:00 Canasta	<b>12</b> 9:00 Hair Salon Open 8:30 Walking Shuttle 1:00 Tai Chi 2:00 Scrabble 7:30 Bingo	<b>13</b> 9:00 Hair Salon Open 9:00 Exercise 1:30 Yahtzee 2:00 Hummers & Strummers 3:45 Happy Hour 7:00 Whist	<b>14</b> 2:00 Skip-Bo 7:00 Movie	
<b>15</b> 2:30 Church Service 7:00 Sunday Movie	<b>16</b> 7:00 Exercise 1:00 Needlers 7:00 Bridge 7:00 Yahtzee	<b>17</b> 8:30 Walking Shuttle 1:00 Mini Pedicures 1:00 Crib 7:00 Movie	<b>18</b> 7:00 Egg Breakfast 2:00 Sleep Comfort Pres. 3:45 Happy Hour	<b>19</b> 9:00 Hair Salon Open 8:30 Walking Shuttle 10:00 Walker & Chair Tune-ups 2:00 Scrabble 7:30 Bingo	<b>20</b> 9:00 Hair Salon Open 9:00 Exercise 1:30 Yahtzee 3:45 Happy Hour 7:00 Whist	<b>21</b> 2:00 Skip-Bo 7:00 Movie	
<b>22</b> 2:30 Church Service 7:00 Sunday Movie	<b>23</b> 9:00 Exercise 9:00 Foot Care Spa 1:00 Needlers 7:00 Bridge 7:00 Yahtzee	<b>24</b> 8:30 Walking Shuttle 1:00 Crib 7:00 Movie	<b>25</b> 7:00 Egg Breakfast 1:00 Winery Tour 3:45 Happy Hour 7:00 Canasta	<b>26</b> 9:00 Hair Salon Open 8:30 Walking Shuttle 2:00 Scrabble 7:30 Bingo	<b>27</b> 9:00 Hair Salon Open 9:00 Exercise 1:30 Yahtzee 4:00 Hawaiian Night 7:00 Whist	<b>28</b> 2:00 Skip-Bo 7:00 Movie	
<b>29</b> 2:30 Church Service 7:00 Sunday Movie	<b>30</b> 7:00 Exercise 1:00 Needlers 7:00 Bridge 7:00 Yahtzee	<b>31</b> 8:30 Walking Shuttle 1:00 Crib 2:00 Birthday Party 7:00 Movie	<b>Complimentary Bus Service</b> Monday, Tuesday, Thursday and Friday 9:00 am - 4:00 pm			7:00 Whist	

- Exercise
- Food/Drink
- Movies
- Card Games
- Games/Entertainment
- Religious Services
- Beauty/Fashion/Health
- Furry Friend Visits
- Crafts
- Misc

\* For example purposes only